## CLAIMS

- 1. A gliding board (1), including a gliding surface (4) that terminates in at least one raised end (2), said end (2) including a peripheral zone (5) and a 5 central zone (6), the peripheral zone (5) extending from the side (9) of the board toward the central zone (6) of said end, this peripheral zone (5) having a thickness (e1) which is less than that (e2) of the central zone (6) of the end and being connected to the latter by a discontinuity (7) that forms an inflexion, wherein the width (d) of the peripheral zone (5), measured perpendicularly to the side (9) of the board, increases from the beginning of the end as far as the highest point (12) of the end.
- 15 2. The gliding board as claimed in claim 1, wherein the upper face of the peripheral zone (5) is substantially parallel to the lower face (4) of the board.
- The gliding board as claimed in claim 1,
  wherein the upper face of the peripheral zone is inclined downward toward the side of the board.
  - 4. The gliding board as claimed in claim 1, including edges (3) which are interrupted in the lateral end region, wherein the width (d) of the
- 25 peripheral zone is more than 5 mm level with the interruption (13) of said edge (3).
  - 5. The gliding board as claimed in claim 1, wherein the peripheral zone (5) is symmetrical with respect to the longitudinal mid-plane of the board.
- 30 6. The gliding board as claimed in claim 1, wherein the raised end forms the front tip of the board.